

Week One

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup station Carrot orange and coriander Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Vegan sweet potato and coconut Topping station Roasted Croutons Chilli Flakes Toasted Seeds, Fresh bread of the Day	Soup station Corn & white bean chowder Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Courgette pea and pesto Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Fresh red lentil Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day
Traditional Main	Beef pasticcio gratin	Chicken and pepper tikka masala	Sweet and sour pork	Traditional cottage pie	Sustainable Battered or Steamed Fish of the Day with Tartare Sauce, Lemon <u>Greek style chicken wings</u>
Plant-based Main	Wild mushroom Gnocchi	Vegetable Korma	Aubergine in black bean sauce/rice noodles	Butternut squash crumble	Loaded Vegetarian Sausage with crispy onions
Jackets and pasta	Jacket potato Pasta with tomato sauce	Sweet potato pasta with tomato sauce	Jacket potato Pasta with tomato sauce	Sweet potato Pasta with tomato sauce	Jacket potato Pasta with tomato sauce
Sides	Broccoli and green beans Pickled red cabbage	50 / 50 rice Indian garnish Poppadom/onion bhaji/mango chutney	Asian vegetable Noodles Roasted broccoli with chilli	Carrots & Sweetcorn	Chips Baked beans & peas
Dessert	Lemon courgette cake Jelly Pots	Butterscotch mousse Jelly Pots	Chocolate brownie Jelly Pots	Strawberry swirl sponge Jelly Pots	Lemon meringue pot Jelly Pots
Yogurt – 2 types of no-added sugar yogurts	Natural yoghurt or Strawberry yoghurt	Natural yoghurt or Strawberry yoghurt	Natural yoghurt or Strawberry yoghurt	Natural yoghurt or Strawberry yoghurt	Natural yoghurt or Strawberry yoghurt

Week Two

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup station Broccoli soup Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Minestrone Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Mushroom and ginger Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Oodles of Noodles! Soup station Spiced cauliflower soup Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Cream of sweetcorn Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day
Traditional Main	Breaded chicken with homemade BBQ sauce	Sausage and mash gluten free and halal available	Turkey lasagne	Chicken Paella	BBQ Chicken pizza
Plant-based Main	BBQ Quorn Pitta	Vegetarian sausage and mash with gravy vegan available	Vegan Bolognese with penne pasta	Butternut squash & feta bake with crispy onion	Margherita pizza Gluten and dairy free available
Jackets and pasta	Jacket potato Pasta with tomato sauce	Sweet potato pasta with tomato sauce	Jacket potato Pasta with tomato sauce	Sweet potato pasta with tomato sauce	Jacket potato Pasta with tomato sauce
Sides	50 / 50 Rice Sweetcorn and green beans	Mash Potatoes Onion gravy Parsley Carrots and Peas	Garlic bread Green beans Roasted vegetables	Broccoli Roasted sweetcorn & peppers	Chips baked beans
Dessert	Churros with chocolate sauce Jelly Pots	Baked jam sponge Jelly Pots	Banoffee pie Jelly Pots	Chocolate fudge cake Jelly Pots	Berry cheesecake pot Jelly Pots
Yogurt – 2 types of no-added sugar yogurts	Greek yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt	Honey yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt

Week Three

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup station Super green pea and spinach Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Pea & <u>mint</u> Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Leek kale and potato Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Thai carrot & lemongrass Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day	Soup station Fiery chickpea & harissa Topping station Roasted Croutons Chilli Flakes, Toasted Seeds, Fresh Bread of the Day
Traditional Main	Classic chilli nachos guacamole and sour cream and corn bread	Chicken chow <u>mein</u>	Roast pork loin with gravy and apple sauce	Chicken katsu	Burger Bar
Plant-based Main	Vegetable chilli	<u>Plantilicious</u> pomodoro pasta	Potato & leek filo pie	Crispy tofu	Mushroom halloumi and pepper burger
Jackets and pasta	Jacket potato Pasta with tomato sauce	Sweet potato pasta with tomato sauce	Jacket potato Pasta with tomato sauce	jacket potato pasta with tomato sauce	Jacket potato Pasta with tomato sauce
Sides	Tortillas Cheese sauce Sour cream Jalapeno	Stir fried greens Spring rolls	Zero waste roast potatoes Roasted Root vegetables Steamed broccoli Gravy	Sticky coconut rice Green beans katsu sauce dairy / gluten free	Wedges BBQ slaw Sweetcorn
Dessert	Chocolate mousse Jelly Pots	Apple and blackberry pie and custard Jelly Pots	Tiramisu	Sticky apple, date & carrot cake Jelly Pots	Banana marble sponge Jelly Pots
Yogurt – 2 types of no-added sugar yogurts	Greek yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt	Honey yoghurt or Strawberry yoghurt	Greek yoghurt or Strawberry yoghurt